



Pinehurst's Clinic Q & A

What should I do to prepare my horse for the clinic?

To get the most from your clinic, your horse should be well schooled and ridden regularly in a consistent program for several weeks prior to the clinic date. Focus on practicing and perfecting the basics! If your horse is not accustomed to a crop or spurs, introduce and begin riding with them both regularly.

You may wish to practice loading your horse on a trailer as a refresher to avoid difficulty on clinic day. All horses participating in the clinic must be up to date on all vaccinations and have with them a current negative Coggins. All participants who have reserved a stall and made arrangements accordingly have the opportunity to school in the actual clinic ring in the afternoon the day prior to the clinic.

What tack & equipment should my horse have?

All horses should be tacked up with sparkling clean, conditioned equipment: saddle/girth, a standing or running martingale & bridle with a standard bit your horse goes well in, and a simple, clean show pad. Riders should be fully tacked, mounted and lightly warming up their horses on the flat 15 minutes PRIOR to their clinic's start time. Please plan accordingly. Protective boots or wraps are permitted. You may also wish to bring an apple or carrot to share with your horse after the clinic is over!

Stalls with rubber mats, buckets and fans provided are available if reserved in advance. Riders are responsible to supply feed, hay, wraps, sheets, etc. and care for their own horse as necessary.

What should I wear?

Riders should come professionally dressed in a tucked-in collared shirt with short or long sleeves (No sleeveless tops permitted), belt & breeches and polished tall boots (or paddock boots/half chaps). All riders should carry a short crop (and spurs if necessary). ALL riders must wear a buckled ASTM-approved helmet at ALL times while mounted. Long hair should be tucked up within the helmet. Rain gear may be desired, dependent on the weather.

What should I eat?

Eat a healthy, balanced breakfast the morning of your clinic. While cold bottled water is provided at the clinic, you may wish to also bring a healthy snack and juice to energize yourself before or after your ride.

Can I bring someone to help me?

Yes! One 2-Day Auditor Ticket is included at no extra charge for each rider participating in the clinic. It is highly recommended that all riders bring a handler with them to assist in tacking up, holding the horse, and care of the horse while at the clinic.

Can people come to watch the clinic if they do not wish to ride?

Yes! Attending the clinic for educational purposes as a spectator (called “auditing”) is available each day for the entire day, with the ability to watch all 3 sessions! Auditors can use the same registration forms to book their daily tickets. Invite interested friends and family to come along to enjoy watching the clinic. To ensure an optimal learning opportunity for all involved, we ask that auditors be respectful of the clinician, horses and riders, and be mindful of appropriate spectator conduct (remaining in seat, refraining from talking, etc.). All children are required to have an auditor ticket, and must sit with careful adult supervision.

Can auditors take photos during the clinic?

Yes, spectators are welcome to bring cameras (still or video) with them, provided that it does not interfere with or affect the horses in the clinic. No flash photography will be permitted. There will also be a photographer on-site during the clinic taking photos which will be available for review and purchase online if so desired. ALL OTHER electronic devices (ie cell phones, etc) MUST be turned off.

What recommendations would you give to a rider participating in the clinic?

*Come prepared, and be tacked up, lightly warmed up and ready to begin instruction at your given session time. Listen carefully!! It is important to always be listening, even when a clinician is addressing another student. You can utilize those times to review the exercise or to provide a mental checklist to see if you, too, can learn from what is being said. Follow every directive the clinician gives to the best of your ability—he/she IS your trainer for the duration of the clinic and should be followed implicitly, even if he/she may do things differently than you are used to! Complaining, talking back or talking to others during the clinic will not be tolerated. If you are uncertain how to complete an assigned task, politely ask for clarification when an appropriate time arises. Watch those that go before you to learn! While it can be a challenge, avoid looking at or being distracted by anyone other than the clinician—keep your attention on the clinician at all times. Understand that any criticism is meant to better your skill set and to push you to become a more effective rider. Remain positive, be patient with your horse (even if something goes wrong), and put forth your best effort! Most importantly: **HAVE FUN!!!***

I am traveling from out of town. Are there any nearby accommodations or special places of interest you can recommend while we are in the area?

Welcome to Palm Beach County! Here is a list that may help. Contact us directly if you would like more suggestions or have something special you are interested in seeing or doing on your trip!

Accommodations

Fairfield Inn & Suites by Marriott- (561) 748-5252

Comfort Inn & Suites - (561) 745-7997

Jupiter Beach Resort (on the ocean)- (866) 943-0950

Attractions

Guanabana’s Island Restaurant – (561) 747-8878

Brix Italian Seafood Restaurant– (561) 743-8500

Melting Pot Restaurant - (561) 624-0020

Dune Dog Restaurant – 561-744-6667 <http://dunedog.com>

Square Grouper Tiki Bar – (561) 575-0252 <http://www.squaregrouper.net>

Jupiter Inlet Lighthouse

Canoe Outfitters of Florida – (888)-272-1257

Equestrian Sport Productions (site of WEF showgrounds): www.equestriansport.com